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## Modern Breeding Tools: How New Technology Helps Farmers Get Better Seeds Faster

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Modern agriculture demands seeds that can tolerate drought, heat, floods, diseases, and unpredictable climate conditions. It frequently takes 10 to 12 years to generate new varieties using traditional breeding techniques, which mostly rely on field selection, delaying the delivery of improved seeds to farmers. To overcome this challenge, scientists now use modern breeding tools such as Marker-Assisted Selection (MAS), Marker-Assisted Backcrossing (MABC), QTL mapping, Speed Breeding, and Genomic Selection. These technologies use DNA markers, controlled environments, and advanced computer models to identify good plants much earlier and speed up variety development. As a result, new crop varieties can now be released in 3–5 years with higher accuracy and stability. These improved seeds offer better yield, stronger resistance to major pests and diseases, and greater tolerance to climate stress. For farmers, the direct benefits include lower input costs, reduced crop losses, and higher income. By adopting these modern varieties, Indian farmers can make their farming more secure, profitable, and climate-smart. This article explains how these tools work and why they are essential for the future of Indian agriculture.

**Keywords:** Modern breeding tools; Marker-Assisted Selection (MAS); Marker-Assisted Backcrossing (MABC), QTL mapping; Speed breeding

### Introduction

Every farmer wants seeds that give higher yield, strong disease resistance, less input cost, and tolerance to drought or heat. But earlier, developing a new crop variety used to take 10 to 12 years. Because of this long time, farmers had to wait many years to get improved seeds. Today, the climate is changing fast. Diseases are increasing. New pests attack crops every year. Water shortage is becoming common. In this situation, farmers cannot wait 12 years for a better variety. To solve this problem, scientists now use modern breeding tools such as Marker-Assisted Selection (MAS), Genomics & DNA testing, QTL mapping, Speed breeding, Genomic selection, and CRISPR gene editing. These methods help develop new varieties in 3–5 years, much faster than before. This means farmers can get improved seeds early, with better performance and higher stability. This article explains in simple language how these tools work and how they benefit farmers.

### Why Traditional Breeding Is Slow

Traditional plant breeding is a slow process because it depends mainly on selecting plants based on how they look in the field. Breeders cross two varieties, grow many generations, and choose the best plants by observing traits like height, yield, or disease reaction. However, many important traits—such as disease resistance, drought tolerance, or grain quality—cannot be clearly seen with the naked eye. Some traits appear only at specific growth stages, and unpredictable weather can influence plant performance, making selection more difficult. Because each generation takes time to grow in the field, developing a new variety

traditionally required 8–12 years. This is why farmers had to wait so long to receive improved seeds.

## Modern Breeding Tools – Simple Explanation

### Marker-Assisted Selection (MAS)

Marker-Assisted Selection (MAS) is a modern breeding tool that uses small DNA segments called markers to identify useful traits in plants. These markers act like identity cards for characters such as disease resistance, drought tolerance, flood tolerance, grain quality, and heat tolerance. Instead of waiting for the plant to grow fully, scientists can test seedlings using these markers to confirm whether they carry the desired trait. This makes the breeding process faster, more accurate, and more reliable. MAS assists farmers in swiftly creating enhanced cultivars that guarantee increased resilience to pests and diseases as well as consistent yields even in challenging circumstances. Swarna-Sub1 rice is among the greatest examples. The Sub1 gene, which is responsible for flood tolerance, was introduced by scientists using MAS, the conventional Swarna variety used to perish during floods. Today, farmers in Bihar, Uttar Pradesh, Odisha, and Assam obtain good yields even after 10–14 days of complete submergence.

### Marker-Assisted Backcrossing (MABC)

**Marker-Assisted Backcrossing (MABC)** is an advanced form of MAS where scientists improve an already popular variety by adding just one or two important traits using DNA markers. Farmers usually have favorite varieties because of taste, grain type, yield, or market demand. Instead of creating a completely new variety, MABC helps scientists “repair” or “upgrade” the old one. In this method, the original variety is repeatedly crossed with a donor plant that carries a useful trait such as disease resistance, drought tolerance, or flood tolerance. With the help of DNA markers, scientists quickly identify the plants that look and behave like the original variety but also carry the newly added trait. This saves time and maintains the qualities farmers love. A good example is improving BPT-5204 (Samba Mahsuri) with bacterial blight resistance through MABC. Farmers benefit by getting the same grain quality but with stronger disease protection and more stable yields.

### QTL Mapping

QTL Mapping is a modern breeding method used to locate the exact regions in a plant’s DNA that control important traits like yield, drought tolerance, disease resistance, and grain quality. These regions are called Quantitative Trait Loci (QTLs). Scientists cross two different parent plants and study their offspring to find which DNA segments are linked with good performance. Once a QTL is identified, breeders can use this information to select plants carrying the best genes at an early stage. This helps speed up the development of improved varieties that give farmers higher yield, better resilience, and more stable production.

### Speed Breeding

Speed Breeding is a modern technique that helps scientists grow plants much faster by providing controlled light, temperature, and long daylight hours in special growth rooms or greenhouses. This allows plants to complete their life cycle—seed to seed—in a much shorter time. For example, crops like wheat or rice can produce 4–6 generations in a year instead of just one. This rapid generation turnover allows breeders to develop improved varieties much earlier. For farmers, speed breeding means quicker delivery of high-yielding, disease-resistant, and climate-smart varieties that can perform better under drought, heat, and other changing environmental conditions.

### Genomic Selection

Genomic Selection is a modern breeding method where scientists use the plant’s entire DNA information to predict how good a plant will perform, even before it is fully grown. Thousands of DNA markers are checked at once, and a computer model calculates which seedlings will give higher yield, better disease resistance, or greater tolerance to drought and heat. This saves years of field testing and speeds up the release of improved varieties. For farmers, genomic selection means faster delivery of strong, reliable, climate-smart crops that maintain good performance across different environments and help ensure stable income.

## How These Tools Help Farmers Directly

Modern breeding tools like MAS, MABC, QTL mapping, speed breeding, and genomic selection may sound scientific, but their benefits reach farmers in very direct and practical ways. These tools help scientists develop improved crop varieties much faster than traditional breeding. Farmers no longer have to wait 10–12 years for a new seed—now it can be ready in 4–6 years. The new varieties also come with stronger traits such as drought tolerance, flood tolerance, heat resistance, and better protection against major diseases and pests. This means fewer crop losses, lower cost of pesticides, and more stable yield even in bad weather. Many modern varieties released using these tools also provide better grain quality, which fetches higher market prices. For farmers, the biggest advantage is simple: better seeds, better yield, and better income. These tools ensure that farming becomes more secure, profitable, and less risky in a changing climate.

## Conclusion

Modern breeding tools like MAS, genomics, speed breeding, and gene editing are revolutionizing Indian agriculture. These tools help scientists create varieties that are: higher-yielding, disease-resistant, drought- and heat-tolerant, more nutritious, and more profitable for farmers. The biggest advantage is speed breeding; farmers get improved seeds much faster than before. As climate change increases risks, these technologies will play a major role in securing the future of Indian farming. New seeds are not just “improved varieties.” They are solutions for climate change, food security, farmer income, and sustainable agriculture. Farmers should adopt these modern varieties to reduce risk and increase returns, ensuring better harvests year after year.

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