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Agronomic Practices for Soil Conservation

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Soil is a vital yet limited and non-renewable resource that plays a fundamental role in supporting life on Earth. It forms the foundation of agricultural production by providing essential nutrients, retaining water, and offering structural support for plant growth. Beyond agriculture, soil sustains a wide range of organisms, enhances biodiversity, and regulates nutrient and water cycles. Soil conservation involves the protection and sustainable management of soil to maintain its fertility, productivity, and ecological functions. This is crucial for environmental protection, global food security, and sustainable agricultural development.

According to the Food and Agriculture Organization (2015), approximately 24 billion tons of fertile soil are lost each year. This significant loss is largely driven by rapid population growth, which pushes farmers to clear forests and cultivate marginal lands. Such practices often reduce agricultural productivity and cause serious environmental damage (Milder et al., 2011). As population pressures increase and climate change intensifies, agricultural land use frequently leads to declining soil fertility and reduced productivity (Barbier & Bishop, 1995).

Soil erosion also has serious environmental consequences. Runoff from degraded soils can transport nutrients and agrochemicals into water bodies, leading to water pollution and eutrophication. This contamination negatively affects water quality, biodiversity, and aquatic ecosystems. Additionally, erosion causes sediment buildup in rivers, reservoirs, and coastal areas, reducing their water storage capacity. Most importantly, erosion results in the loss of valuable topsoil, which takes hundreds to thousands of years to form naturally.

Importance of Agronomic Practices

Agronomic measures for soil conservation refer to farming techniques designed to reduce soil erosion, improve soil quality, and promote sustainable land management. These practices include conservation tillage, crop rotation, cover cropping, mulching, contour farming, terracing, and windbreaks (Food and Agriculture Organization, 2020). They are essential for maintaining soil health while ensuring sustainable agricultural production. The main reasons agronomic practices are important are as follows-

Key Importance:

i) Improving Soil Fertility and Health: Practices such as crop rotation, cover crops, and proper nutrient management enhance soil structure, increase organic matter, and improve nutrient availability. They also promote beneficial microbial activity and biodiversity, leading to healthier and more productive soils (Schipanski, 2014).

ii) Controlling Soil Erosion: Techniques like conservation tillage, contour farming, and terracing reduce the impact of wind and water on soil. These methods improve water infiltration, reduce runoff, and help preserve valuable topsoil (Blanco-Canqui, 2008).

iii) Enhancing Water Management: Agronomic practices such as precision irrigation and cover cropping improve water-use efficiency, reduce evaporation and runoff, and increase crop tolerance to drought conditions (Ghiat, 2021).

iv) Addressing Climate Change: Sustainable approaches like conservation agriculture and agroforestry help increase soil carbon storage, lower greenhouse gas emissions, and strengthen agricultural resilience to extreme weather events (Malhi, 2021).

Key agronomic practices for soil conservation

Conservation Agriculture: Conservation agriculture is a soil management approach that reduces soil disturbance and keeps crop residues on the field to minimize erosion and runoff while enhancing benefits such as carbon sequestration. It promotes soil fertility and water conservation, reduces labor for land preparation, and improves the soil's physical, chemical, and biological properties. This method enhances bulk density, water infiltration, water retention, groundwater recharge, and plant water availability.

The four main principles of conservation tillage are:

1. Minimal or zero soil disturbance
2. Permanent soil cover
3. Stubble mulching
4. Proper crop selection and rotation

Crop Rotation and Diversification: Crop rotation involves growing different crops one after another on the same land, often alternating deep-rooted and shallow-rooted crops. This practice improves soil fertility, reduces erosion, and helps control pests and diseases. Crop diversification means cultivating a variety of crops, which enhances biodiversity, supports nutrient cycling, and strengthens soil health and resilience.

Cover Cropping: Cover cropping involves planting specific crops when main cash crops are not growing. These crops improve soil structure by adding organic matter, enhancing soil aggregation, and increasing water-holding capacity. They also support nutrient cycling, suppress weeds, reduce pests, and improve overall soil health. Examples include legumes (such as clover, vetch, and peas), winter cereals (rye, wheat, and barley), brassicas (rapeseed, mustard, and turnip), and grasses (oats and sorghum).

Mulching: Mulching involves covering the soil surface to prevent erosion, reduce evaporation, improve water infiltration, and control weeds. Mulch materials can include organic farm residues, stones, or plastic sheets. It also prevents soil crust formation after rainfall, and organic mulches add nutrients to the soil as they decompose.

Contour Farming: Contour farming is the practice of ploughing, planting, and weeding across the natural slope of the land rather than up and down. This method reduces runoff, increases water infiltration, slows water flow, and helps prevent soil erosion.

Terracing: Terracing is an engineering practice that creates level or nearly level steps on steep slopes to make land suitable for farming. It is commonly used on slopes of 16–33% to significantly reduce runoff and soil loss compared to untreated land. By shortening and reducing the steepness of slopes, terracing controls runoff, increases water infiltration, conserves soil moisture, and minimizes erosion. It also creates safer and more productive farming areas.

Types of terracing include:

1. Level bench terracing
2. Inward-sloping bench terracing
3. Outward-sloping bench terracing
4. Puertorican terracing
5. Zingg terracing
6. Compartmental bunding

Windbreaks and Shelterbelts: Windbreaks and shelterbelts are rows of trees, shrubs, or hedges planted around or along farmland to reduce wind speed. They protect crops from wind erosion by preventing soil particles from being blown away. These barriers also help create a

favorable microclimate by reducing evaporation, increasing humidity, and providing habitat for beneficial organisms and insects.

Strip Cropping: Strip cropping is an agronomic practice where crops are planted in narrow, alternating strips across the slope of the land. Erosion-resistant crops are placed between regular crop strips to act as a barrier against soil loss. This arrangement helps slow down surface runoff, allowing water to infiltrate the soil more effectively. By controlling runoff, strip cropping reduces soil erosion, improves moisture retention, and enhances soil fertility over time. It is particularly useful on sloped lands where water flow can wash away topsoil. Overall, this method supports sustainable agriculture by protecting soil health and maintaining productivity.

Natural Vegetative Strips (NVS): Natural vegetative strips are 40–50 cm wide bands left along contour lines during ploughing. The native plants in these strips act as a filter for eroded soil, slow water flow, and enhance water infiltration, making them highly effective for soil and water conservation.

Broad Bed and Furrow (BBF) System: The BBF system, developed by International Crop Research Institute for Semi-Arid Tropics, is an effective land management practice for in-situ moisture conservation in deep black soils. After primary and secondary tillage, land is leveled to a gentle slope (0.4–0.8%), and beds (120 cm wide) and furrows (30 cm wide, 15 cm deep) are formed using a “Tropiculator.” Furrow lengths vary with slope (100–200 m). This system conserves soil moisture, reduces erosion, improves drainage, controls weeds, lowers labor and energy inputs, and provides graded furrows suitable for crop drainage and supplemental irrigation.

Intercropping: Intercropping involves growing two or more crops simultaneously on the same land. This practice improves resource use efficiency, ensures more stable yields, and helps reduce weeds, pests, and nitrogen loss. Common systems include mixed intercropping, strip cropping, and conventional arrangements. Studies show that intercropping pulses with cereals increases overall yield, benefits succeeding crops, and reduces water runoff and soil erosion by 26% and 43%, respectively.



Agroforestry: Agroforestry is a land-use practice that combines trees or shrubs with crops and livestock to create productive and sustainable farming systems. It is particularly effective on sloped or erosion-prone lands, as tree roots help bind soil particles, reduce surface runoff, and increase water infiltration, thereby preventing soil erosion. The depth and distribution of roots play a key role in stabilizing the soil. Additionally, the continuous addition of organic matter from leaf litter and tree biomass improves soil structure, enhances fertility, and increases water-holding capacity. Overall, agroforestry supports soil conservation while providing multiple ecological and agricultural benefits.

Grassed Waterway: A grassed waterway is a natural or constructed channel planted with grass to safely convey surface runoff from fields to streams or drainage systems. This practice prevents the formation of gullies, reduces soil erosion, and slows down water flow, allowing more water to infiltrate into the soil. The dense grass cover filters sediments and retains nutrients, improving water quality downstream. Grassed waterways are particularly effective in areas with concentrated water flow, such as the lower ends of sloped fields. Besides protecting soil and water resources, they provide habitat for beneficial organisms and contribute to sustainable land management.



Contour farming

Strip cropping

Crop rotation

Cover cropping

Agro-forestry

Grassed water-way

Future Directions and Recommendations

1. Emerging Technologies and Innovative Practices

- **Precision Agriculture:** Uses GPS, GIS, and remote sensing to apply water, fertilizers, and pesticides efficiently, reducing waste and environmental impact while improving soil health and crop yield. Example: Sensor-based variable rate fertilization adjusts nutrient application based on soil needs.
- **Biochar:** Adding biochar and other organic amendments improves soil structure, nutrient retention, water-holding capacity, and microbial activity, supporting long-term soil fertility.

2. Policy and Incentives

- **Financial Support:** Grants, subsidies, or tax breaks can lower costs of adopting soil conservation practices and encourage farmers.
- **Regulations and Standards:** Governments can enforce sustainable farming practices, limit harmful agrochemicals, and set soil health standards.

3. Farmer Education and Outreach

- **Training Programs:** Workshops, field demonstrations, and knowledge-sharing sessions teach farmers about soil conservation methods.
- **Demonstration Farms:** Practical examples show benefits of conservation techniques, motivating adoption on individual farms.

Conclusion

Agronomic practices are essential for sustainable agriculture and soil conservation. Techniques such as conservation tillage, crop rotation, cover cropping, and efficient water and nutrient management help reduce soil erosion, enhance fertility, prevent nutrient loss, and improve overall soil health. These practices also protect topsoil, support biodiversity, improve water quality, and contribute to climate change mitigation. Soil erosion poses a

serious threat to global food security by depleting organic matter and nutrients. Overcoming adoption, economic, and knowledge barriers requires research, education, policy support, and stakeholder collaboration. Future approaches should focus on advanced methods like precision agriculture, conservation agriculture, and soil amendments to ensure long-term soil sustainability.

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