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Beekeeping for Beginners: From Hive to Honey

Rushali Vikas Vishwasrao, *Shivangi Bishnoi, Jayanti Tokas and Pooja Kuraning Department of Biochemistry, CCS Haryana Agricultural University, Hisar, Haryana-125004, India

*Corresponding Author's email: shivangi@hau.ac.in

Bekeeping, also known as apiculture, is the practice of maintaining bee colonies, typically in man-made hives, to harvest honey and other bee products. It also plays a critical role in pollination, which benefits agriculture and supports biodiversity. The most widely kept species is the Western honeybee (*Apis mellifera*), though other species like stingless bees and bumblebees are also important in certain regions. Bees belong to several families, with Apidae being the most significant for commercial beekeeping. Each species varies in honey yield, temperament, and nesting habits. A bee hive consists of hexagonal wax cells built by worker bees, serving as storage for honey and pollen and as nurseries for brood. Hives are structured with brood cells in the center and storage cells above. Effective apiary management includes selecting suitable sites with rich floral diversity, preventing swarming, ensuring adequate forage, and adjusting care seasonally (e.g., providing shade in summer, insulation in winter, and supplemental feeding during scarcity). Regular monitoring for pests and diseases is crucial.

Introduction

In recent years, the concept of sustainable development has become a central focus and gained increasing global importance across various sectors—especially in rural development, as a means to achieve economic prosperity, social equity, and environmental conservation. Rural areas, grappling with challenges such as declining traditional industries, agricultural modernization, and environmental degradation, have found promise in apiculture, or beekeeping, as a sustainable tool for development. Beekeeping, or apiculture, refers to the systematic and scientific practice of managing honeybee colonies in artificial hives to produce honey and other high-value bee products such as propolis, wax, bee pollen, and royal jelly. It also offers the added benefit of enhancing crop production through improved pollination by foraging bees.

Bees, as pollinators, play a crucial role in maintaining ecosystem health and biodiversity. Their pollination services are essential for the reproduction of many plant species and economically valuable crops—such as sunflower, guava, and melons—which form the backbone of agricultural economies. This symbiotic relationship between bees and surrounding biodiversity underscores the potential of apiculture as both are sustainable practice in rural development and a contributor to environmental conservation. Moreover, beekeeping offers diverse economic opportunities to rural communities, ranging from honey production to value-added products like beeswax, royal jelly, and propolis. In simple terms, it provides a source of income that requires relatively low initial investment and maintenance, making it especially suitable for small-scale and marginal farmers.

Despite these promising benefits, integrating apiculture into rural development faces several challenges, including limited technical knowledge, inadequate infrastructure, threats from pests and diseases, climate change, land-use conflicts, and restricted market access for small-scale beekeepers. To overcome these obstacles, a holistic approach is essential—one that focuses on the entire system rather than isolated parts. Key strategies should include

providing training for beekeepers, enacting supportive policies and regulations, protecting bee habitats, and improving market access and infrastructure. These measures are vital for unlocking the full economic and ecological potential of beekeeping.

Bee Species

Know Your Bees: Six Important Honeybee Species in India

India is home to diverse honeybee species that are not only vital pollinators but also a great source of rural income through apiculture. For farmers and rural communities exploring beekeeping, understanding the different species is the first step toward sustainable honey production:

1. Apis dorsata (Rock Bee)

The **largest and most aggressive** among the honeybee species, *Apis dorsata* builds massive single combs up to 3–4 feet long, usually out in the open—on cliffs, tall trees, or even urban structures. These bees often migrate and are known to defend their nests fiercely, sometimes chasing intruders for over 100 meters.

- Found across forests, hills (up to 2700 m altitude), and cities.
- Produces 50–80 kg of honey per colony per year.
- Honey is priced high due to the danger involved in harvesting.

2. Apis florea (Little Bee or Dwarf Bee)

A much smaller and less aggressive species, *Apis florea* builds palm-sized vertical combs encircling twigs in hedges, bushes, and sheltered spaces.

- Found in plains below 450 m MSL (main sea level); not rearable in hills
- Produces about 500 g of honey per hive per year
- Beautifully colored with red-brown bodies and white bands
- Excellent pollinators; difficult to domesticate

3. Apis cerana indica (Indian Bee or Asian Bee)

The traditional beekeeping species in India, Apis cerana indica is gentle and easier to manage. It builds multiple parallel combs in dark cavities like tree hollows or man-made hives.

- Domesticated across South and Southeast Asia
- Produces 5–9 kg of honey per colony per year
- Popular in South India, especially Tamil Nadu
- Responds well to movable-frame hives
 - Two morphotypes: black "hill bee" and yellow "plains bee"

4. Apis karinjodian (Indian Black Honey Bee)

A **recent discovery** from the Western Ghats, this species evolved from *Apis cerana* to adapt to the region's humid climate.

- Produces thicker honey with better yield potential
- Found in Goa, Karnataka, Kerala, Tamil Nadu, and the Nilgiris
- Last Indian bee species discovered prior to this was over 200 years ago

5. Apis mellifera (Italian/European Bee)

Introduced to India from Europe, Apis mellifera is widely adopted for commercial beekeeping.

- Larger than Indian bees, but smaller than rock bees
- Produces an impressive 35 kg of honey per hive annually
- Builds parallel combs in darkness
- Less likely to swarm or abscond, making it ideal for large-scale farming

6. Melipona irridipennis (Stingless Bee or Dammer Bee)

- Known locally as the mosquito bee, this tiny, stingless variety builds honey pots using wax and plant resin.
- Found in tree hollows and wall cracks
- Yields around 100 g of honey per year, but it's highly medicinal and valued
- Defends by biting; doesn't sting

• Ideal for backyard or small-scale beekeeping ventures

Each species of honeybee offers unique advantages—from massive yields to potent medicinal honey and efficient pollination. By choosing the right species suited to local conditions and farming goals, rural communities can turn beekeeping into a reliable, sustainable livelihood.

Beehive

Main Parts of a Beehive

- 1. **Brood Chamber**
- A rectangular wooden box without top and bottom, placed on a floorboard.
- Houses brood frames where the queen lays eggs.
- Includes rabbets and notches for frame support and lifting.
- 2. Super Chamber
- Placed above the brood chamber to store surplus honey.
- Same size as the brood chamber in Langstroth hives or shallower in Newton's hives.
- 3. Hive Cover
- Insulates the hive and protects from sun and rain.
- Includes vents for air circulation.
- Consists of an inner crown board and a waterproof outer cover.
- 4. Frames
- Made of top, side, and bottom bars to hold combs.
- Hung vertically in both brood and super chambers with spacing for bee movement.
- > Additional Accessories
- 1. **Comb Foundation Sheet:** Wax sheets with hexagonal patterns fitted into frames for guiding bees to build combs.
- 2. **Synthetic Combs:** Plastic combs ready for bees to fill; used in both brood and super chambers.
- 3. **Embedder:** Tool for embedding wires into wax sheets for strength.
- 4. **Dummy Board:** A movable wall to limit brood chamber space—helps regulate temperature and protect small colonies.
- 5. **Bee Escape Board:** Allows bees to exit the super chamber before honey extraction without returning.

6. **Queen Excluder:** Sheet with small gaps that allows workers to pass but blocks the queen from accessing honey supers.

Queen and Colony Control Tools

- 1. **Drone Trap:** Reduces the drone population inside the hive.
- 2. **Queen Gate:** Prevents the queen from leaving and stops predators from entering.
- 3. **Queen Cage:** Used for introducing a new queen to a colony.
- 4. **Queen Cell Protector:** Wire coil placed around a queen cell to protect it from damage.

Swarming and Foraging Aids

- 1. **Swarm Trap:** Catches and retains the queen to control swarming.
- 2. **Pollen Trap:** Collects pollen from returning foragers at the hive entrance.

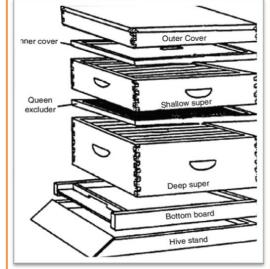


Fig. Beehive (Kisan et al., 2017)

Management of apiary

Seasonal management of an apiary in India is **crucial for the health, productivity, and sustainability** of honeybee colonies. Given the country's diverse climate and floral cycles, beekeepers must adapt their practices throughout the year to align with changing environmental conditions.

A. How to Choose the Right Apiary Site

- Select **clean**, **dry ground** free from dry leaves to avoid fire hazards.
- Avoid locations near power stations, brick kilns, highways, or railway tracks.
- Choose an open but shaded site that gets both morning and afternoon sunlight.
- Ensure **fresh water** is available nearby.
- Place hives in areas with **natural or artificial wind barriers** like trees or hedges.
- The area should be **rich in flowering plants** (bee flora).
- Avoid setting up near chemical factories, stagnant water bodies, or sugar mills.
- Maintain at least 2–3 km distance from any other large commercial apiary.
- Protect the site with a **fence or living hedge** and keep it free of ants and termites.

B. Placing Beehives Properly

- Use **lightweight**, **locally made hives** as per BIS/ISI standards.
- Avoid attaching the bottom board to the brood chamber with nails—it should be removable.
- Keep **50–100 colonies** per apiary to prevent overcrowding.
- Maintain 10 feet between rows and 3 feet between individual hives.

C. Inspecting Bee Colonies

- Practice regular **hygiene**: clean hive interiors and tools.
- Inspect colonies during **clear sunny days** (20–30°C). Avoid cold, windy, or rainy days.
- Wear **protective clothing** and use a **smoker** when checking hives.
- Handle bees gently; **avoid crushing** them.
- Separate **diseased colonies** from healthy ones immediately.
- D. Water Supply in the Apiary

Bees need water to:

- Maintain humidity for egg incubation.
- Prepare **bee bread** (a mix of honey and pollen).
- **Cool the hive** during hot weather (above 37°C).
- *Keep shallow water containers near the hives with straw to help bees drink safely.

E. Managing During Dearth Periods

- Feed colonies with **50% sugar syrup** in times when nectar is unavailable.
- Syrup should be cooled before feeding and served in shallow containers with straw to prevent drowning.
- Feed all colonies at once, preferably after sunset.
- Never feed bees with honey or honey-mixed syrup.
- Use **pollen patties** made from soybean flour, brewer's yeast, milk powder, sugar, and honey when pollen is lacking.
- Store extra frames in airtight boxes and **fumigate with sulphur powder**.
- Discard old, dark combs regularly.

F. Extracting Honey Safely

- Use only **stainless steel or food-grade plastic** tools.
- Clean tools thoroughly with warm water before use.
- Extract honey from **super chambers only** and choose frames that are **at least 75%** sealed
- Conduct extraction **indoors** to prevent robbing.
- Do not leave sticky combs or honey in the open.
- After extraction, **secure hive entrances** with twigs or grass to reduce stress and intruders.

Seasonal Apiary Management

Seasonal apiary management involves adjusting beekeeping practices throughout the year to support colony health and honey production.

- A. During Honey Flow Season
- Provide more space in the hive for honey storage.
- Use queen excluders to confine the queen to the brood chamber.
- Prevent swarming by regular inspection.

- Offer sugar syrup before the honey flow to stimulate activity.
- Split strong colonies and practice queen rearing.
- B. During Summer
- Provide adequate shade for hives.
- Place water sources in the apiary to maintain humidity and cool hive interiors.
- Improve ventilation using splinters or raised lids.
- Feed sugar syrup, pollen supplements, and water.
- C. During Winter
- Maintain strong, disease-free colonies.
- Replace older queens or rear new ones.
- Use winter packing and place hives in sunny spots for warmth.
- D. During Dearth Periods
- Remove empty combs to conserve colony energy.
- Insert dummy boards to reduce hive volume.
- Unite weak colonies with strong ones.
- Provide sugar syrup, water, and pollen supplements.
- E. During the Rainy Season
- Avoid damp conditions by ensuring proper drainage.
- Raise hives off the ground and use stands to prevent flooding.
- Continue feeding sugar syrup, water, and pollen supplements.

Proper year-round apiary management ensures that bees remain strong, productive, and well-prepared for each season's challenges. With careful planning, Indian farmers can make apiculture a reliable and sustainable part of their livelihoods.

Challenges and Solutions in Beekeeping

- **1. Diseases and Pests:** Bee colonies are vulnerable to threats like wax moths, A, Varroa mites, and fungal and viral infections, especially in humid or overcrowded conditions. **Solution:** Regular hive inspection, hygienic practices, maintaining optimal colony strength, and isolating infected hives are essential. Use of biological controls and herbal remedies is also being promoted.
- **2. Pesticide Exposure:** Spraying of chemical pesticides during flowering severely affects foraging bees, often causing colony collapse.

Solution: Farmers should avoid spraying during peak bee activity. Use selective, bee-safe pesticides in the evening, and promote awareness among nearby farmers.

3. Climate Change: Unpredictable weather, long dearth periods, and early blooming of flowers affect bee behaviour and food availability.

Solution: Practice **seasonal management**, provide artificial feeding during scarcity, and adopt migratory beekeeping to follow floral availability across regions.

4. Poor Market Access: Many small-scale beekeepers struggle with low honey prices, middlemen exploitation, and lack of direct market linkages.

Solution: Form or join **beekeeping cooperatives**, explore **direct-to-consumer sales**, and take advantage of **branding schemes** like GI tagging and natural honey certification.

Support Through Training & Government Schemes

- KVKs (Krishi Vigyan Kendras) and state apiculture departments offer hands-on training on hive management, queen rearing, and value addition.
- The **National Beekeeping and Honey Mission (NBHM)** provides subsidies, training, and market linkage support.
- Platforms like **eNAM** and **Agri-Infra Fund** can help beekeepers connect to digital markets and upgrade infrastructure.

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